



FLORIDA

DAY 1- FRIDAY

- 3:00pm- Check-ins/ Gear up at Team Hotel
 - 5:00pm- Opening Ceremonies – (White Shirt / Red Shorts)
 - 5:30pm- Jeff Kastl -Tampa Bucs
 - 6:00pm- Teams Meeting
 - 6:30pm- Dinner/ Break and Transition to High School
 - 8:00pm- Field Session at St. Petersburg High School
 - 9:30pm- Transition back to Team Hotel
 - 10:00pm- Recruiting Seminar featuring Signing Day Sports
 - 10:30pm- Minute to Win it/Team Building
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DAY 2 - SATURDAY

- 7:00am- Military Workout - (Red Shirt / Red Shorts)
 - 9:00am- Leadership Speaker – (Navy Shirt / Navy Shorts)
 - 9:30am- QBIQ Classroom
 - 10:00am- Quarterback Functional Mobility
 - 11:00am- Beach Session
 - 12:30pm- Lunch/ Break on your own
 - 2:00pm- Minute to Win It/ Team Building
 - 2:15pm- Leadership Speaker
 - 3:00pm- Team Leadership Meetings
 - 4:00pm- Beach Session
 - 5:30pm- Break on your own
 - 7:30pm- Champions Banquet and Dinner – (Attire: QBUniverse Apparel for Athletes)
 - Creating a Championship Culture Arena League MVP Kyle Rowley
 - Champions Banquet Keynote Speak Devon Bandison
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DAY 3 – SUNDAY

- 7:00am- Military Workout – (Black Shirt / Red Shorts)
- 9:00am- Leadership Speaker Chris Simms – (Royal Blue Shirt / Navy Shorts)
- 9:30am- QBIQ Classroom
- 10:00am- Beach Session
- 11:30am- Lunch/ Break on your own
- 1:00pm- Leadership Affirmations
- 2:00pm- Competitive Event
- 3:30pm- Best in the Universe Awards